Best Management Practices for Cockroaches



Prevent

Install door sweeps and seal gaps on exterior walls and around plumbing to prevent indoor access.



Remove food and water sources.



Get rid of clutter to remove hiding places for cockroaches.

Monitor

Use traps and do site inspections year-round to monitor for cockroaches. Inspect boxes and other deliveries for hitchhiking pests.



Identify

Identify the species to plan for effective management.

Remove

Use a vacuum with a HEPA filter to remove cockroaches, egg cases, droppings, and shed skins.



Bait

Use bait in combination with insect growth regulators to eliminate cockroaches.







COCKROACH ID

Cockroach species have different behaviors and location preferences. Identify the species, then choose effective management strategies.

American Cockroach

Location: Humid environments Sexual maturity: ~15 months

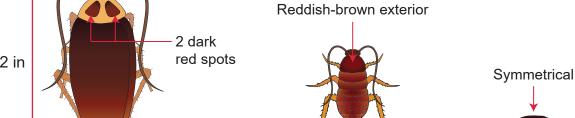
Life span: 2-3 years Ootheca: 16 eggs Egg size: 3/8 inch long

2 dark red spots 2 in

ADULT

NYMPH

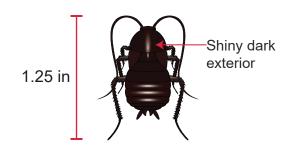
EGG



Oriental Cockroach

Location: Indoor/Outdoor Sexual maturity: ~12 months

Life span: 1-2 years Ootheca: 16 eggs Egg size: 3/8 inch



Light brown exterior, darkens with each molt

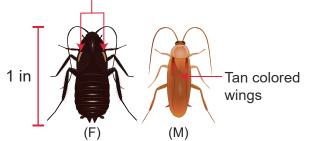




Turkestan Cockroach

Location: Indoor/Outdoor Sexual maturity: ~7 months Life span: ~13 months Ootheca: 16 eggs Egg size: 3/8 inch





Red to black exterior



Asymmetrical

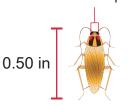
German Cockroach

Location: Indoor

Sexual maturity: ~2 months

Life span: ~6 months Ootheca: 40 eggs Egg size: 1/4 inch

2 dark stripes



Yellow stripe in center



Visible subsegments



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